

Appendix 1 – Local Government Declaration on Sugar Reduction and Healthier Eating – Barnet Action Plan

Action Area	Existing Action	Proposed Action	Comment
1. Tackle advertising and sponsorship	<p>Work has been already undertaken at Barnet Hospital, with the 2016/17 targets achieved at Barnet Hospital as follows:</p> <p>(i) The banning of price promotions on sugary drinks and foods high in fat, sugar and salt (HFSS) . The majority of HFSS fall within the five product categories: pre-sugared breakfast cereals, soft drinks, confectionery, savoury snacks</p> <p>(ii) The banning of advertisement on NHS premises of sugary drinks and foods high in fat, sugar and salt (HFSS); including vending machines</p> <p>(iii) The banning of sugary drinks and foods high in fat, sugar and salt (HFSS) from checkouts;</p>	Barnet’s Public Health team will work with the Council’s Highways & Transport and Communications teams to advise on advertising content, and it will use available advertising space for health promotion.	Scope to influence the advertising content is limited by the need and desire to maximise income generation. Scope exists to provide a “public health specification” once the contract is awarded. There is a greater likelihood that health promotion could be included for Council.
2. Improve the food controlled or influenced by the Council and support the public and voluntary sectors to improve their food offer	There are no vending machines in NLBP	Development of a healthy vend policy for the Council should vending be provided.	We will seek to maintain a watch on vending
	Existing premises in Council offices (Atrium and Deli 4) are Healthier Catering Commitment certified. Barnet currently has over 100 businesses signed up to Healthier Catering Commitment (HCC), as of 2018.	The Public Health Team is working to influence the catering contract for the new Council Office to ensure the new provider is Healthier Catering Commitment certified and that there are additional options for staff. We will seek to continue to develop the Sugar Smart offer provided by our HCC providers.	
	The Council’s leisure provider, Greenwich Leisure Ltd (GLL), has committed to a number of supportive healthy catering commitments, including small confectionery	The Council’s leisure provider, Greenwich Leisure Ltd (GLL) aims to have all premises signed up to Healthier Catering Commitment programme by	

	portion size, “Make Healthier Choices” vending machine design and healthy alternatives in cafes.	end of Year 2 of contract with the Council.	
	<p>At Barnet hospital we are aiming to achieve by 2018/19</p> <ul style="list-style-type: none"> • 90% of all drinks have to have less than 5 grams of added sugar /100ml; 80% of confectionary and sweets do not exceed 250 Kcal and • 75% of pre packed sandwiches and meals contain 400Kcal or less and no more than 5.0g of saturated fat / 100g. 	<p>Barnet’s Public Health team has engaged, and will continue to engage, work place development team to advise and influence the re-tendering for new catering facility in new Council office. Once a provider has been awarded a contract, the Public Health team will work with contract managers to maximise the positive impact the catering facility can have on workplace and population health.</p> <p>The CCG will champion a “Healthy Hospitals” programme to ensure healthier catering is included in future procurement of food in Barnet hospitals.</p> <p>Continued commitment with the CCG and Barnet Hospital to work towards added steps to achieve 2018/19 targets.</p>	Other boroughs already engaged in this work which we will seek to replicate.
	The Council currently participates in Healthy Schools and Healthy Early Years programmes, which cover a spectrum of nutrition exercises.	We will look to assess participation in the food and nutrition elements of this and establish links with resilient schools where appropriate.	(link to map in Needs Assessments showing award locations)
<i>3. Reduce prominence of sugary drinks and actively promote free drinking water</i>	Free drinking water tanks are available throughout Council buildings.	Free drinking water will be provided in new Council offices as in NLBP.	Support for Refill -Make poster advertising water filling stations and drinking fountains – potential.
	The Council’s leisure provider, Greenwich Leisure Ltd (GLL), has free water-filling stations and has policies on	The Public Health Team is working to influence the catering contract for the new Council Office	

	the sugar content of its drinks, e.g. minimum of 80% of drinks are no added sugar or there are lower sugar alternatives.	to ensure the new provider is a Free water refill station for the public and advertises itself as such.	
<i>4. Support businesses and organisations to improve their food offer</i>	The Council's Healthy Places team, in conjunction with Environmental Health, engages food businesses and recruits them to be Healthier Catering Commitment certified, which includes training in nutrition.	Barnet Healthy Places team has conducted an evidence review of hot food takeaways in the borough to inform Local Plan and other planning documents.	As above, we have over 100 businesses signed up to scheme and are actively working to recruit more.
<i>5. Public events</i>		Work to influence the catering provision at the new Council office site, to ensure that catering for events is HCC Silver certified, as detailed above	
<i>6. Raise public awareness</i>	The Council's Public Health team conducted an oral health campaign that promoted and communicated the benefits of good oral health from an early age.	Food Security Action Plan is under development	
	The Council's responses to recent London Mayoral consultations have emphasised the importance of the consumption of and access to healthy, balanced meals (Health Inequalities Strategy, London Food Strategy)	Public Health comms plan with Council comms team to be developed.	
	The Council is a signatory to the Healthy Workplace Charter The Royal Free Hospital Group achieved the Mayor's Healthy Workplace Award Silver in 2017	Implementation of this and food and nutrition elements are part of the work with Council's new building.	